



September 2018 EVENTS CALENDAR



FIND US ON THE INTERNET:
www.chetcoac.org

CONTACT US:-541-469-6822

CHETCO ACTIVITY CENTER—550 CHETCO LANE, BROOKINGS, OR.

Regular Weekly Events

Monday

Time Out, 9am to 4pm Room B
Walk with Ease, 10:30am
Azalea Park (no walking if rain)

Tuesday

Exercise Class, 8:30 to 9:45 am
Room A—Call Elaine at 41-412-7894
Beginning Computer—10:15
Beginning Ukulele, 1 to 2pm, D.R.
Games, 12:30 in the lounge

Wednesday

Tai Chi, 9 & 10:30am
Walk with Ease, 10:30am
Azalea Park (no walking if rain)
French—2pm—Beginners
French—3pm—Advanced
Pinochle, 12:30pm in the lounge
Yoga, 3:30 pm Room B

Thursday

Exercise Class, 8:30 to 9:45 am
Room A—Call Elaine at 541-412-7894
Easy Moves Exercise— 1—2 pm RmB
Mah Jong, 12:30 in the lounge

Friday

Popcorn in the Dining Room
Tai Chi, 9 & 10:30am
Walk with Ease, 10:30am
Azalea Park (no walking if rain)
BINGO, Noon in the Dining Room
Rummy, 12:30pm in the Lounge
Tai Chi, 1pm in Room B

Sunday

Pickleball, 11am to 2:30pm at BHHS Gym

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 CLOSED LABOR DAY	4 STAMP CLUB 1:00PM	5	6	7	8
9	10 CAREGIVER SUPPORT DINING ROOM 2:00 PM	11	12 GUARDIANS ICE CREAM SOCIAL DESSERT	13	14 BLUEGRASS JAM SESSION 1:00-3:00 PM	15
16 SHARED MEAL 4:30PM	17	18	19	20 BOARD OF DIRECTORS MONTHLY MEETING 1:00 PM	21	22
23	24	25	26 SEAVIEW BIRTHDAY LUNCH 11:30AM TO 1:00PM	27	28 BLUEGRASS JAM SESSION 1:00-3:00 PM	29