



CAC MENU JUNE 2025
CHETCO ACTIVITY CENTER NUTRITION PROGRAM
 550 CHETCO LANE, BROOKINGS, OR
 541-469-6822

**Menu is subject
to change
without
notice.**

Meals include:
Drinks—Coffee, Tea (hot or iced)
Milk, Water
Salad, dessert

SALAD SERVED—11:15
MAIN COURSE—11:30

Meals Cost
\$10.00 to
Prepare
If you are over
60, please
Donate what
you can

Mon	Tue	Wed	Thu	Fri
2 MIXED BEAN SOUP WITH HAM GRILLED CHEESE SANDWICH	3 TURKEY TACO SALAD CHIPS SALSA	4 SLOW ROASTED BEEF MASHED POTATOES GRAVY MIXED VEGETABLES	5 HAWAIIAN BAKED FISH TURMERIC RICE ASIAN BLEND	6 BEEF STEW BISCUIT BRUSSELS SPROUTS
9 KEILBASA & SAUERKRAUT BAKED BEANS CORNBREAD	10 CHEF'S SALAD CRACKERS TROPICAL FRUIT	11 BBQ CHICKEN SCALLOPED POTATOES BROCCOLI	12 FISH STICKS MARCRONI & CHEESE CORN	13 CHILE RELLENO EGG BAKE REFRIED BEANS MEXICAN CORN
16 BEEF TIPS GRAVY NOODLES CHEF'S BLEND	17 CHICKEN ENCHILADA CASSEROLE SPANISH RICE FIESTA CORN	18 SPAGHETTI MEAT SAUCE BREADSTICKS ZUCCHINI	19 JUNETEENTH BBQ FISH RED BEANS & RICE COLLARD GREENS	20 FIRST DAY OF SPRING HOT DOG ON A BUN BAKED BEANS PICKLED GREEN BEANS
23 SAUSAGE GRAVY BISCUIT POACHED APRICOTS	24 VEGETARIAN CHILI CORNBREAD CABBAGE	25 BEEF STROGANOFF NOODLES PEAS & CARROTS	26 TUNA SALAD SANDWICH ON A CROISSANT ITALIAN PASTA SALAD TROPICAL FRUIT	27 TURKEY STUFFING MASHED POTATOES GRAVY YAMS
30 TURKEY SLOPPY JOE'S BLACK BEANS PEAS & CARROTS				